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### **Alpha-Omega Training and Compliance, Inc. Honored as a Class of 2013 Florida Companies to Watch Award Recipient**

(Rockledge) – Alpha-Omega Training and Compliance, Inc. has been recognized as a recipient of the 2013 Florida Companies to Watch<sup>SM</sup> award, an honor presented by GrowFL at the University of Central Florida in association with the Edward Lowe Foundation. Fifty companies from across the state of Florida will receive their recognition and be treated like rock stars at an awards event on Thursday, October 24 at the Hard Rock Live in Orlando, Florida.

Todd R. McDowell, President of Alpha-Omega Training and Compliance, Inc. (AOTC) said, “It’s an honor to receive this recognition. This award is a testimony to all the hard work and effort the AOTC family has poured into our company to make it the successful consulting firm it is today.”

Vice President Brian Barnett said, “I am extremely honored that AOTC has been named as one of the 2013 award recipients. The company has been very blessed over the last four years, and I’m proud to be a part of this hard working team.”

According to McDowell, AOTC is a Veteran-Owned small business based out of Rockledge, Florida. Established in February 2009, AOTC has seen exponential growth over the last four years. Moving into its fifth year, McDowell projects another stellar year of growth and profitability.

AOTC employs 35 full and part time employees and while most of its work is in Florida, it also has done business in most U.S. States as well as Canada, Latin America, and the Caribbean.

McDowell said “AOTC is a full service environmental health and safety consulting company.” An example of some of the services that we offer are 24-hour Hazardous Materials spill response and clean up, EH&S training, compliance audits, spill response, support for utility companies involving utility pole installations and industrial hygiene services. The company’s staff includes veterans with over 30 years of experience in the environmental health and safety profession.

For more information on AOTC, please visit: [www.a-otc.com](http://www.a-otc.com)

### **About second-stage businesses and Florida Companies to Watch**

Florida Companies to Watch is an awards program that celebrates privately held second-stage companies headquartered in the state. To be eligible, applicants must employ between 6 and 99 full-time equivalent employees and have between \$750,000 and \$50 million in annual revenue or working capital in place. Awardees are selected for demonstrating the intent and capacity to grow based on employee or sales growth, exceptional entrepreneurial leadership, sustainable competitive advantage, outstanding corporate culture, inspired community giving and other notable strengths.

Florida Companies to Watch is unique because of its focus on second-stage companies and the wide-ranging industries they represent. The impact of these companies on Florida's economy is immense, and this year's honorees are examples of such companies in the state. During 2007-2009, Florida's resident companies averaged more than 110,000 second-stage establishments according to YourEconomy.org, an online resource of the Edward Lowe Foundation. Those second-stage companies employed nearly 2.5 million workers.

For more information, please visit: [www.FLCTW.GrowFL.com](http://www.FLCTW.GrowFL.com)

### **About GrowFL**

GrowFL provides strategies, resources and support to second-stage companies for next level growth. By supporting companies with Strategic Research and peer-to-peer CEO mentoring, GrowFL helps companies overcome obstacles to growth and leads them towards prosperity. Based on the philosophy of Economic Gardening – to grow existing businesses in a community, region or state – GrowFL is the program of the Florida Economic Gardening Institute at the University of Central Florida and is a critical component to the state's economic development strategy and Florida's entrepreneurial ecosystem. During the pilot program from 2009-2011, GrowFL helped more than 400 companies create 1,400 new jobs and had an annual economic impact of \$510.4 million. At the beginning of 2013, that number has grown to nearly 700 companies supported by GrowFL. For more information: [GrowFL.com](http://GrowFL.com).

### **About the Edward Lowe Foundation**

The Edward Lowe Foundation inspired the creation of the Companies to Watch program to celebrate second-stage entrepreneurs and their companies. Established in 1985, the Edward Lowe Foundation is a Michigan-based nonprofit organization that supports entrepreneurship through recognition, education and research with a focus on second-stage companies—those that have moved beyond the startup phase and seek significant, steady growth. The foundation also encourages economic gardening, an entrepreneur-centered strategy providing balance to the traditional approach of business recruitment. For information, visit [www.EdwardLowe.org](http://www.EdwardLowe.org).